



Information from www.hockeyqld.com.au

This page should help answer any questions you might have about Hook in2 Hockey.

Is Hook in2 Hockey for both boys and girls?

Yes. Programs can be run for mixed groups or separately for boys or girls.

Is there a minimum or maximum age that you have to be to take part?

Hook in2 Hockey is targeted at primary school aged children approximately 5-12 years old. As a rough guide the age groups that each staged is aimed at are:

School = 5-8 years old

Community Stage 1 = 5-8 years old

Community Stage 2 = 9-12 years old

**Nambour's ages were 5-10years in different groups 5-7ages, 8-10ages
2008 (16 participants)**

What ability is Hook in2 Hockey aimed at?

The Hook in2 Hockey program has been developed in three stages for children of all abilities to enjoy.

Can parents get involved in the program?

Yes, parents are encouraged to get involved in the program by gaining a free nationally recognised HockeyEd Community coaching accreditation and becoming a Leader (coach) at their child's Hook in2 Hockey program. Parents can also get involved by becoming the Program Coordinator.

Do parents have to participate?

No. Parents are welcome to choose their level of involvement in a program.

Is Hook in2 Hockey safe?

YES! There are a number of things that make Hook in2 Hockey a safe and fun program:

- Activities in the Coaching Pack (session planner) are designed to allow participants to learn the basic skills of the game in a controlled environment
- A special, lighter than normal, hockey ball is used
- All participants receive a pair shin guards to wear and keep
- Leaders should not have more than 15 participants in their groups
- Only one person is allowed to tackle another at one time

How much is it to participate in a Hook in2 Hockey program?

The price of a School Hook in2 Hockey program can be set by the deliverer in conjunction with the school.

The price of Community Hook in2 Hockey programs is set by the Centre (club or associations) in the range of \$30-\$120 per participant per program.

Nambour Blue Demons cost: \$30 for packs below, \$15 for rego and fees for on going participation i.e. 4 week program then joining in the U7's or U9's J3's, fun and games for the remainder of the season. U7's U9's will run from Mid April – Mid August.

What does my child get when I register them as a participant?

Each Hook in2 Hockey participant receives many benefits of registering:

- A choice of one of the either of the Hook in2 Hockey Participant Packs:
 - Equipment Pack – a Hook in2 Hockey stick, shin guards and ball
 - Apparel Pack – a Hook in2 Hockey t-shirt and bucket hat
- Structured skill acquisition coaching sessions
- Show bag containing cool and fun Hook in2 Hockey products
- The opportunity to be involved in Australia's most successful Olympic team sport!

What should I wear to Hook in2 Hockey?

Comfortable sports clothing and sneakers. Studded shoes (boots) are not required on synthetic surfaces but they may be useful if the program is being played on a grass surface. Also remember to wear a hat and sunscreen if it is hot and/ or sunny.

Will I be playing hockey games?

Yes. Each session includes playing small sided games of modified hockey called Rookey.

What happens if it rains on the first session (or any session)?

The Centre running the program decides whether to run the session or not. If it is not going ahead, they will let participants/ parents know. The program is also flexible so that postponed sessions can be made up at other times.

What do I do if I can't come to a Hook in2 Hockey session?

Let your Program Coordinator know that you/your child won't be coming and just come along to the next session.

How do I register for Hook in2 Hockey?

Complete a Registration Form at the Registration Day

Nambour Blue Demons Hockey Registration: at this point will be 20th March (To be confirmed) allow two weeks before Packs arrive. Participants will use our Sticks till their gear arrives.

Do my parents/ guardian need to read the Registration Form, fill it in and sign it before I can participate in Hook in2 Hockey?

Yes. It is important that all the details on the Registration Form are completed and given to the Program Coordinator before a participant starts a Hook in2 Hockey program.

**Are there a maximum number of participants in a Hook in2 Hockey program?**

No – numbers are only limited by the space and number of Leaders a Centre has available to conduct a program.

How do I make sure that I definitely have a place in the Hook in2 Hockey program after I have registered my child?

Simply contact the Program Coordinator. Anita Hayward 0437432980

anita_hayward@hotmail.com